

# Spiritual Motherhood Commitment Card



## **A Prayer to the Holy Spirit**

*Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And you shall renew the face of the earth!*

**Morning Offering** (A powerful prayer that is prayed throughout the world.) O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in thanksgiving for your favors, in reparation for my sins, for the intentions of all my family and friends, and in particular for the intentions of the Holy Father and for \_\_\_\_\_ . Amen.

## **A Consecration Prayer to Mary**

*Immaculate Heart of Mary, I consecrate myself to you today and always. Use me in the coming of the kingdom of your Son so that every knee will bend at the name of your Son, Jesus Christ. Amen.*

Consider a personal consecration to Our Blessed Mother entrusting your life to her Immaculate Heart. Go to [consecration.com](http://consecration.com)

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The following suggestions are offered to help you find opportunities to pray throughout your day for the intentions of your special person.



**Pray...**

An **Our Father**, a **Hail Mary**, and a **Glory Be** slowly with thought.

**Aspirations** as you 'wait'. Here are just a few.

Immaculate Heart of Mary, pray for\_\_\_\_\_. Mary, Queen of the clergy, pray for \_\_\_\_\_. Jesus, meek and humble of heart, make \_\_\_\_\_'s heart like unto Yours. Holy Spirit, pour your seven gifts upon \_\_\_\_\_.

The **Saint Michael prayer** to protect your spiritual child.

The **Rosary** (beautiful Rosaries for Priests are available on-line.) Offer the **Holy Sacrifice of the Mass** for your spiritual son's intentions.

When you are **suffering** in some way, offer it for your spiritual son.

**Visit Jesus** in the Blessed Sacrament.

Thank God for a **joy** in your life or offer a little **sacrifice**.

 Jot down *your* ideas and thoughts 

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I, \_\_\_\_\_, as a part of a **Great Spiritual Movement**  
*Your Name*  
**of Prayer**, promise to pray for \_\_\_\_\_.  
*Name of priest/seminarian/religious/young person*

May his/her heart and life be touched in miraculous ways!

Date: \_\_\_\_\_

The following suggestions are offered to help you find opportunities to pray throughout your day for the intentions of your special person.



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